

COMMUNITY INSIDER

Volume 1 Issue 18

Spring 2026

Editor's Welcome

Happy Spring!

Spring is finally here! Warm weather, sunshine, beautiful flowers. (Also, a few negatives like bugs and severe weather.)

It's a great time to shed your winter layers, put on some light clothing, and get outside and enjoy all that Minnesota has to offer.

There are many free and low-cost activities happening every weekend. Your neighborhood may have cool things going on as well.

Spring is also when annual housekeeping inspections start so it's a great time for cleaning and organizing and getting a fresh outlook on things.



Art in Bloom at MIA

Melissa Pappas
Editor

Mark Your Calendar

Computer Team: June 25th, July 23rd at 1:00PM



Don't be afraid to stand out.

President Council Contact Information

*Presidents Council, 555 Wabasha Street
North Suite 400, St. Paul, MN 55102*

Email:

presidentscouncil@stphapresidentscouncil.org

Website:

<http://www.stphapresidentscouncil.org>

Important Numbers

Maintenance Work Order: 298-4413

Emergency Maintenance: 227-9919

Police non-emergency: 292-1111





Another way of looking at color in the garden. Art piece at Como Conservator

Hi-Rise Happenings

This issue we'll focus on the Volunteer Appreciation event at Cleveland Hi-Rise. The celebration was held on April 23rd and was an ice cream social featuring a make your own ice cream sundae bar.



Residents enjoyed the fellowship time with their neighbors, getting recognized for what they do around the hi-rise, and making their own ice cream treat.



All in all, a good time was had by everyone who attended.



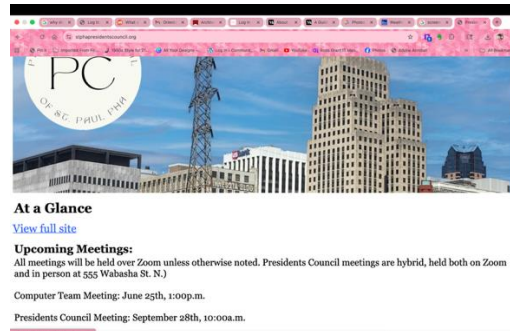
Food for thought

Here are some thought provoking signs I've seen at or near hi-rises and around my neighborhood.





address on your own computer or mobile device you will be greeted by the “At a glance” page.



This page has the information people look for most. It also has regularly updated jobs and training information, meeting dates and times, and links to the Residents Council Guide and Presidents Council meeting minutes.



Here is a look at some of what is available on this main page.

Happy almost summer, everyone. This issue I’m going to focus a bit on some of the changes to the Presidents Council website and all the good information you can find there.

The IRS mileage rate is now .72.5 per mile.
[Know more](#)

The Presidents Council’s website is your one stop place to find information about upcoming meetings and events. There is also information about job fairs and training opportunities, community resource information, and copies of meeting minutes and documents such as the Residents Council Guide.

Current Job Skills and Training Opportunitie
Upcoming Avivo trainings
[Avivo Training Schedule](#)
[CareerForce Virtual Resource Fair](#)
[CareerForce Youth Job Fair](#)

The site address is
<http://www.stphapresidentscouncil.org>

If you scroll down a little farther you will find the link for the PC minutes.

Other Helpful Resources:
[Free Community Meals](#)
[Digital Skills Classes](#)
[Electronics Recycling](#)

When you open a web browser on one of your hi-rise computers or go to that

Presidents Council Minutes
April 2026

Click on that link and the minutes will open in a new window in your browser. From there you can print them or read them.

Near the top of the page is a link to take you to the full website.

[View full site](#)

Clicking on this takes you to the landing page for the rest of the site.



This page and the other pages linked in the navigation menu at the top have been redesigned recently to make them more visually appealing and more mobile device friendly. There are also other changes in the works such as featuring photos from past Officers Recognition events and photos that wouldn't fit in the newsletter issues.

Finally, there is the option to have a special "website" just for your hi-rise.



Hi-Rise Webpages
Here are pages for the individual hi-rises.

Any hi-rise that would like a webpage may have one hosted here on the Presidents Council website. Here are [guidelines](#) for hi-rise sites. Here is more information about Hi-Rise webpages.

Hi-Rises
Seal
Cleveland

This page, or pages can have any information you would like on it. Hi-rises commonly have things like meeting minutes, event information and pictures, Council meeting information on their sites. Contact Youa or the Editor, Melissa if you would like a page for your hi-rise.

April showers bring May flowers

In anticipation of gardening season, here are some photos of lovely spring blooms taken by Mindy Johnson from Cleveland hi-rise and by Melissa Pappas.







Summer in the City

Here is a list of some free and low-cost events happening in the Twin Cities this summer.



St. Anthony Park Arts Festival

Twin Cities Pride Family Fun Day
June 21st, 2026
Como Park East Pavilion

Back to the Fifties Weekend
June 19-21, 2026
At the State Fairgrounds



Back to the Fifties 2025

Hmong International Freedom
Festival
June 27-28, 2026
McMurray Fields, 1151 Jessamine
Avenue, W.

4th in the park
July 4th, 2026

Langford Park
This is the largest 4th of July
parade in the state.

Rondo Days
July 18, 2026
Penumbra Theatre, 270 North
Kent St.

Twin Cities Irish Fest
August 7-9, 2026
Harriet Island Regional Park

IndiaFest
August 15, 2026
Minnesota State Capitol



4th in the park parade 2025

Summer Wellness Activities



Summer is the perfect time to stay active, enjoy the outdoors, and connect with others. Whether you take a daily walk, tend to a garden, participate in a fitness class, or spend time with friends and family, staying active can help improve your strength, balance, and overall well-being. Even a small amount of physical activity each day can boost your energy, support a healthy lifestyle, and help you make the most of the warm summer season.

Resident Council Coordinator

As we wrap up another successful Council year, I would like to extend my sincere thanks to all of our officers and Council members. Your efforts, ideas, and willingness to serve have made a positive difference throughout the year, and your contributions are truly appreciated.

To our newly elected officers, congratulations and welcome to your leadership roles. This is a friendly reminder that officer training will take place in July. We encourage you to attend and take advantage of this opportunity to prepare for the year ahead.

As summer begins, I hope everyone takes time to relax, recharge, and enjoy a well-deserved break. Thank you again for your service and support. We look forward to seeing you return in the fall refreshed, energized, and ready for another productive and rewarding Council year.

Youa Thao – Resident Council Coordinator

Commissioner Thomas

I would like to congratulate our current officers for successfully completing a year of service to the residents of their hi-rise communities. Their hard work, dedication, and volunteer service are greatly appreciated, and their commitment has made a meaningful difference in the lives of many residents.

I would also like to welcome the newly elected officers as they begin their new leadership roles. Serving as an officer is not always easy, but it has a significant impact on the community. Officers help ensure that residents have a voice, create opportunities for neighbors to connect, and support

activities, meetings, and gatherings that bring people together. Through their leadership, the council helps foster communication, engagement, and a stronger sense of community.

Thank you to both our outgoing and incoming officers for your willingness to serve and support your fellow residents. We appreciate all that you do.

Commissioner Leonard Thomas



Word from the Newsletter Team

The Newsletter Committee Team would like to encourage everyone to continue practicing kindness and showing compassion toward one another.

As spring settles in, bringing fresh blooms and rainy days, we hope everyone takes time to enjoy the season's sense of renewal and growth. Whether you are carrying an umbrella or enjoying the sound of the rain, we hope you find moments of warmth, positivity, and connection in your day.

We look forward to connecting with you all again soon!

