

SEAL CHIT-CHAT

Volume 1 Issue 11

January 2017

The View From The 14th Floor

Happy New Year!

White snow on the frozen ground
A chill wind blows
The Earth sleeps
The dawning of a new year
Possibilities
Endless in their magnitude
Stretch before us
Wipe the slate clean
Start anew
Rebirth
From Winter's bleakness comes Spring's beauty
Take a chance
Choose life
Explore
Create
Imagine
You can make magic
All you need to do is believe

Melissa Pappas, Editor

Mark Your Calendar

Upcoming meetings and events:

**Resident Council meeting: January
17th, 4:00PM**

Food distribution: January 20th, 3:45PM

Bingo: January 28th, 3-5PM



Numbers To Know

Presidents Council

555 Wabasha St. N. Suite 400

St. Paul, MN 55102

Phone: 651-292-6058

Email:

presidentscouncil@stphapresidentscouncil.org

Website:

<http://www.stphapresidentscouncil.org>

Maintenance: 298-4413

Emergency Maintenance: 227-9919

Police Non-Emergency: 292-1111



*"To a great mind, nothing is little." -
Sherlock Holmes*

Good Neighbors

This month we would like to recognize
Velma Cornelius and Eugene Wolf

Both of these individuals are always willing to lend a helping hand around the building such as donating paper, helping out residents who need assistance, and having a friendly and cheerful attitude that lifts people's spirits.

Thank you for everything you do.



Reminders and Updates

Please pick up after yourself when you use the community room. This means push in your chair, throw empty bottles in the recycling bin, and clean the table/floor if needed. Maintenance does not handle little things like this so it is everyone's responsibility to help keep our home clean and pleasant.



When using the TV please do not change any settings besides channel, volume, or switching from TV to HDMI and back. We are having to reset and rescan the TV channels quite often and we want to avoid that if possible.

Please do not remove flyers from the bulletin boards. There was an incident last month where everything was taken down and we want to prevent that happening again. We also ask that you don't take down flyers that are posted by the elevators unless asked to do so.



Activities and Events

What type of activities and events would you like to see here? Would you be interested in a game day? How about movie night? Would you like a craft group or writing group? How about a book club? All of these are possibilities. We just need to know if there is interest. If you would like any of these activities (or others you suggest), then we need people to lead them and to commit to attending. Leave a note in the suggestion box or email newsletter@sealhirise.com if you have activity suggestions.

It would be great to get some groups going here if there is enough interest.

If you don't want any activities and would rather just be left alone then let us know that too.

What Does the Residents Council Do?

Recently a question was asked about what the Resident Council really does. I thought it would be good to answer that here.

The Resident Council is an organization consisting of all Seal residents. It is run by the five member Executive Board and is responsible for managing the funds the Council receives and planning events and activities for hi-rise residents.

It is important that we have a Resident Council because without one we would not receive funding from PHA and we would not have many things we now enjoy like 24 hour community room access, the computers and TV, the vending machines, and daily coffee service.

Day to day, the Council is responsible for planning events like the recent New Year's party, managing the TV and computers, coordinating community room rental, managing things like food distribution, NAPS, and visits from groups like the Metro State nursing students. All these things are meant to benefit all residents. We may miss the mark on occasion but we are trying our best.

If you have questions or suggestions don't hesitate to leave a note in the suggestion box

or talk to a board member. (Other ways of communicating like writing on posted flyers are not recommended and you are less likely to get your question answered if you do them.)

We are here to work for you but we need your help and participation to be successful.



Want a New Opportunity?

Are you looking for a job or to go back to school? The Ross Grant Service Coordinators can help you with that. They will be here at Seal every Wednesday this month from 3:30-4:30PM. Feel free to come down and meet with them in the community room on those days.



Community Insider Writing Contest

This is just a reminder that the Community Insider writing contest is still ongoing and needs submissions. All you have to do is write something of up to 1000 words using

the prompt “It was a dark and stormy night.”. You can write fiction, poetry, prose, whatever strikes your fancy. Email your submissions to insider@stphapresidentscouncil.org or leave them in the suggestion box. Talk to Melissa Pappas if you have questions.

There is a prize for the winning entry.

Happy New Year!

Here are some pictures from our New Year's/Birthday party.



