

SEAL CHIT-CHAT

Volume 1 Issue 9

November 2016

The View From The 14th Floor

Happy Fall!

I hope you're all enjoying the lovely weather and colors while they last. This is a great season to enjoy nature's bounty and to reflect on everything you have and how lucky you are to have it. We are all so blessed and fortunate.

Just think about it. You have a safe roof over your head. You have food to eat and clean water to drink and bathe with. You can practice whatever religion you want without fear of persecution. You can speak freely without the government silencing you. Compared to much of the world we are so very rich and yet we want more. Take a moment to think of all the 'wealth' you have and say thank you for it.

Carpe Diem!

Melissa Pappas, Editor



Numbers To Know

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Police Non-Emergency: 292-1111

The Ancient One: Arrogance and fear still keep you from learning the simplest and most significant lesson of all.

Dr. Stephen Strange: Which is?

The Ancient One: It's not about you. – "Doctor Strange"

Mark Your Calendar

Upcoming meetings and events:

Executive Board meeting: November 7th, 4:00PM

Resident Council meeting: November 15th, 4:00PM

Food distribution: November 18th, 3:45PM

Bingo: November 26th, 3:00 to 4:30PM

Thanksgiving Dinner: November 24th, 12:00PM

’Tis The Season- Part 2



Halloween is barely past and the stores are already decorated for Christmas. (Some are even playing Christmas music.) Let’s put the season on hold a bit longer and remember Halloween and this year’s party.



Good Neighbors

This month we would like to recognize **Terry Theobald**

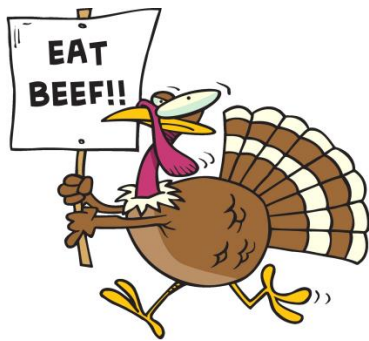
Terry has been a volunteer at the monthly food distribution for some time. He cheerfully helps with setup, cleanup, and anything else that needs to be done. He is also good about reporting maintenance issues around the building and keeping fellow residents apprised of issues.

Thank you, Terry for everything you do for our community!



Reminders and Updates

The Union Gospel Mission will be providing a dinner on Thanksgiving day, November 24th. The meal will be served at 12:00PM. Please sign up when the sheet is posted so the Mission will know how many meals to bring.



Come down and play bingo on Saturday, November 26th. The games start at 3:00PM and go until 4:30.

Computer Notes

We were recently informed that our Internet bill will be going up to \$69.95 starting next month. (Currently we pay \$39.95.) This is being looked into. In the meantime we will have to pay the higher bill and add money to that budget line item.

We will also have to look at purchasing a new modem in the near future. The modem

we have still works but Comcast will be phasing it out in the coming months. A new modem will cost around \$100.

That sounds like a lot upfront but over the lifetime of the device it will cost us much less then renting one from Comcast.

Here is a comparison of the two modem models we should consider.



	Arris SB6190	Arris SB6183
Download Channel	32	16
Upload Channels	8	4
Possible download speeds	1400 Mbps	686 Mbps
Possible upload speeds	262 Mbps	131 Mbps
Gigabit Ethernet port	1	1
Ave cost	149.00	99.00

Either model would meet our needs and be supported for the foreseeable future.

The Ancient One: You think you know how the world works. You think this material universe is all there is. What if I told you the reality you know is one of many? - "Doctor Strange"

Just For Laughs

Ruminations on a theme

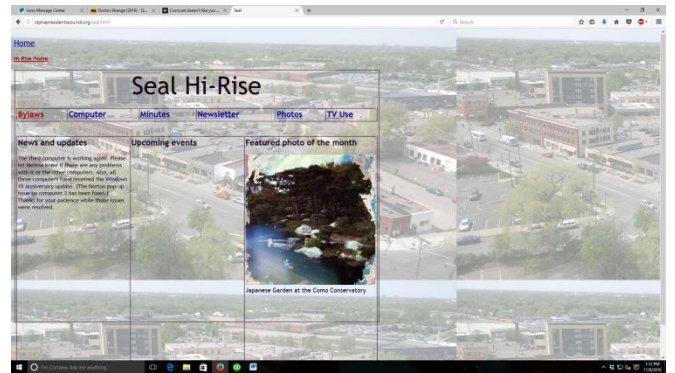
1. My goal for 2016 was to lose just 10 pounds. Only 15 to go.
2. Ate salad for dinner. Mostly croutons & tomatoes. Really just one big round crouton covered with tomato sauce. And cheese. FINE, it was a pizza. I ate a pizza.
3. How to prepare Tofu:
 - a. Throw it in the trash
 - b. Grill some meat
4. I just did a week's worth of cardio after walking into a spider web.
5. I don't mean to brag, but I finished my 14-day diet food in 3 hours and 20 minutes.
6. A recent study has found women who carry a little extra weight live longer than men who mention it.
7. Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel.
8. A thief broke into my house last night. He started searching for money so I woke up and searched with him.



Seal Hi-Rise on The Web

The Seal website is being redesigned and we are looking for input.

This is the tentative page now.



The background image can be changed to one of the hi-rise, such as this:



If people would prefer that image.

The site will have much of the same information it did before. (Upcoming events, meeting minutes, photos, etc.) Links to hi-rise sites will most likely be placed on the main page of the Presidents Council site. Our site can also be bookmarked on our computers and a link placed on the desktop.

Leave site ideas in the suggestion box or email to insider@sealhirise.com.

