

Community Building Meeting
12/2/16

Attendees: Jesse Thomas, Cathy Hicks, Jim Ramisch, Sharon Baker, Mary Puente, Marlys Zerahn, Eric Clark, Karen Arnold, Roxanne Sands, Melissa Pappas, Julia Hupperts

Secretary's Report: The minutes from the November meeting were read.

Notes: Because of other things we need to focus on, the gossip topic will be tabled until next month.

Desiderata: The Desiderata- Words for Life was read.

This is a poem written in 1927 by Max Ehrmann. Its words hold a lot of truth and wisdom today. We could learn a lot from them.

Moving thoughts:

This handout was read. These are also some very wise words about life and acceptance and how to live.

The takeaway is to keep an open mind and be accepting. That "opens doors" and allows relationships to grow and change to happen.

People who aren't true to themselves "plastic phonies" were discussed. When dealing with that type of person you need to set boundaries.

When dealing with name calling and bigotry you could respond to the person who calls you a bad name by looking at them with a neutral expression and saying "That's not my name.". Don't react or respond in kind. As Michelle Obama said, "When they go low, you go high." Model the best behavior.

All hi-rise event:

We need to come up with alternative events. The issue with the ones we are considering is cost. Funds raised from hi-rises wouldn't cover either event.

Festival of Nations and Passage to China at MOA were suggested.

Transportation to events is still an issue. The MTC Transit Assistance Program was mentioned. This pilot program provides bus and train fares for just \$1.00.

Having an arts/craft show was suggested. Including an open mike part was also suggested. (This could include poetry, spoken word, etc.). There are probably a lot

of residents who do different arts and crafts or write who would like to be able to showcase their work.

Something Winter Carnival related was mentioned. The ice sculptures in Rice Park are always beautiful and something to see.

Community Insider:

Anyone who wants to can submit items for the newsletter. The deadline for the next issue is December 15th.

Each hi-rise receives two issues and can name more copies as needed.

Having the newsletter in other languages was mentioned.

Reminder: The meetings will be at 10:00 from now on.